MAY 2015 • www.greenvalleymoaa.org • Green Valley Chapter, an affiliate of MOAA

PRESIDENT'S MESSAGE

On Sunday, April 19th, the attendees at the Chapter's monthly meeting heard, what I viewed, as one of the most informative and professional presentations of an important subject matter. Mr.

pject matter. Mr.

Bill MCcreery,
Director of
CASA
Community
Serv

ices, gave us an excellent overview of the services offered by this organization. However it was not simply, "This is what we offer", but it reflected the depth of the services as well as the philosophy and rationale that lie behind these efforts.

Let me cite an example. Bill discussed the Alzheimer's program where patients can come for a day and be under professional supervision. It is a day away from staring at a television screen and dozing off. It offers the patient a positive experience. However, as Bill pointed out, it also goes

to aiding the home care giver. Dealing with the patient is a stressful experience. I know, as a neighbor was a home care giver for many months. It takes its toll in both a physical and emotional sense. Since the patient may sleep during the day, the care giver is obliged to stay awake during the evening, lest the patient decide to wander off. Care giving becomes a 24/7 task. Providing a supervised environment for the patient, gives the care giver an opportunity for a "break". This holistic approach to patient care reflects an understanding of all dimensions of the impact of this disease.

Shift now to the other end of the age spectrum of services and look at the programs for the youngest of the population served; the 2 to 5 year old children. Consider what the service provides for them. It is a fun place, but it is also a significant learning opportunity to prepare tykes as they get ready to go to school in later years. It is an opportunity to learn when the mind can absorb positive teachings. It is

a gentle way to teach discipline and begin to infuse social skills at a young age.

Now meld some of the populations together with the children taking "field trips to visit the senior citizens. From the senior perspectives it may be "proxy" grandchildren. From the little kid's perspective it may be proxy "grandparents" who dote over their visitors.

Add on to the array of services the gathering place for avoidance of "being alone"; the chance for a good meal and a field trip, now and then and you have a significant asset in our community.

Also, how do you find out about these services? Just walk between Safeway and CVS in the Continental Mall and stop off at Community Connect, the link between seniors and services.

Bill, our thanks for an excellent presentation.

Dick Newman

Ladies Auxiliary Fisher House Luncheon

Auxiliary members sponsored a luncheon on 19March to raise funds for the Arizona Fisher House. Thelma Hendricks presented a \$1000 check from our MOAA Chapter to Linda Higgins, the Green Valley representative serving on the fundraising committee. MOAA ladies and their guests attending the luncheon donated and collected additional funds for a total gift of



\$3035 to the Arizona Fisher House. The Arizona Fisher House

will be constructed on the grounds of the Tucson VA Medical Center and will serve as a "home away from home" for the families of patients receiving care at the center. The Arizona Fisher House Fundraising Committee has been charged with raising 3 million dollars from local and private donors that will be matched by the Fisher House Foundation—a 6 million dollar project. Construction is scheduled to begin within the next few months. To donate or obtain additional information, go to www.arizonafisherhouse.org Editor's note: Kelly Laurich, my VA Blind Golfers contact, has been promoted. Kelly is the new Director of the VA Fisher House.

2015 OFFICERS, DIRECTORS & CHAIRS

PRESIDENT:

1LT Richard Newman, USA (Former)

(520) 399-3550, rnewman514@aol.com

FIRST VICE-PRESIDENT, JROTC LIAISON & MEMBERSHIP:

LCDR James Knox, USN (Ret)

(520) 625-8371, jdkomaha@msn.com

SECOND VICE-PRESIDENT & PROGRAMS:

Mrs. Betty Atwater

(520) 399-3261, bettpet@gmail.com

SECRETARY:

1Lt Joseph Longo, USA (Former)

(509) 945-4993 longojv5@gmail.com

TREASURER & STATUTORY AGENT:

LtCol Robert Atwater, USAF (Ret)

(541) 390-9969, <u>batwater@gmail.com</u>

IMMEDIATE PAST PRESIDENT, PRESIDENT of 501.C-3 & DIRECTOR:

LtCol John McGee, USMC (Ret)

(520) 207-6188, icmcgee@cox.net

PAST PRESIDENT, DIRECTOR, PERSONAL AFFAIRS & CO-WEBMASTER:

Arizona MOAA Council of Chapters

Vice President

Maj Steven Abel, USAF (Ret)

(520) 648-2172, <u>stevenabel8@msn.com</u>

DIRECTOR, AUXILIARY LIAISON

LTC Thelma Hendricks, USA (Ret)

(520) 399-0425 <u>arugula65@cox.net</u>

PAST OFFICER, DIRECTOR:

Mrs. Barbara Brown

(520) 625-8066, <u>barbarabrown3@cox.net</u>

PAST PRESIDENT, DIRECTOR & CHAPLAIN:

COL Eugene Friesen, USA (Ret)

(520) 625-4231, efriesen1@msn.com

PAST PRESIDENT, DIRECTOR,

ESGR/LEGISLATIVE

AFFAIRS:

CDR John Chernoski, USN (Ret)

(520) 625-3909, jchernoski@cox.net

TRANSITION LIAISION & CO-WEBMASTER:

CPT Kelly Galvin, USA (Ret)

(520) 393-0037, galvinpublic@cox.net

NEWSLETTER EDITOR:

Maj F. Robert Kaiser, USMC (Former)

(520) 399-0660, nanbobk@earthlink.net

PAST PRESIDENT & HISTORIAN:

COL Lynda Linker, USA (Ret)

Green Valley MOAA Receives Award



At the 162nd Arizona Air National Guard's annual award ceremony on April 12th the only civilian organization to receive an award was **Green Valley MOAA**.

The 162nd Wing's personnel filled the huge Hanger at the Tucson Air National Guard Base. Numerous individual and unit awards were presented for outstanding achievements. Unique among the awardees was one civilian organization: **Green Valley MOAA.** Our Chapter was named **"Volunteer of the Year"** for significant, sustained support given to the

men, women and families of the Wing. Representing the Chapter, Dick Newman and John McGee went on stage to shake the hands of the dignitaries there, hug Barbara Gavre, and to receive an attractive acrylic award.

Shown on the stage are Dick Newman, President; Command Chief Master Sergeant Armando Gonzalez; John McGee, Past President; Colonel Phil Purcell, 162nd Wing Commander; Barbara Gavre, Airmen and Family Readiness Program Manager; and, BG Ted Maxwell, Commanding Officer, AZ Air National Guard.

Hearing Aid Assist Device at Quail Creek

If you are a member with hearing aids who still has difficulty hearing the speakers at the Luncheon meetings, we have discovered that Quail Creek does offer a Hearing Aid Assist Loop device.

The hearing Aid assist is a Loop system in the meeting room and can be turned on and the individual would wear a device around their neck which helps amplify the sound through their hearing aid..

In order for this assist device to work the individual must have a Hearing Aid or Cochlear implants with TeleCoil (T-Coil) capability. This device only works with Hearing aids with this capability and does not work on individuals with no hearing aid at all.

If you or a guest would like to utilize this service at Quail Creek for future meetings, I ask that you notify us in advance so we can have it available for you at the Luncheons. You can notify us by writing your request on your meeting registration form or contact Steven Abel at 648-2172 or email stevenabel8@msn.com.

GET TO KNOW YOUR MEMBERS

Colonel Stephen L. Langenberg, USAF, MSC ret



olonel Stephen L. Langenberg resides in Bend, Oregon during the summer and Green Valley, Arizona in the winter. His military career spanned 34 years and culminated with important assignments as Deputy for Support and Operations, Human Systems Division, Brooks AFB, TX, Commander, USAF Hospital Iraklion, Iraklion AS, Crete, Greece, Commander 437th Medical Group, Charleston AFB, SC and Executive Officer, Navy Hospital Charleston, Charleston, SC. His military decorations include: Legion of Merit with gold star, Meritorious Service

Medal with silver oak leaf cluster, Air Force Commendation with bronze leaf, Outstanding Unit Citation with 4 bronze leafs. Organizational Excellence Award, Good Conduct Medal and the Expert Marksmanship Medal with bronze star.

olonel Langenberg was born in Crescent City, CA, 25May1938. He was raised in Coos Bay, OR, graduated from Marshfield High School, received a Bachelor of Science degree from Oregon State University and a Master of Arts degree from Central Michigan University. He is a Fellow in the American College of Healthcare Executives, a member of the Military Officers Association, The American Legion and a Life Member of the USAF Medical Service Corps Association.

e has been married to Ginger Gault Langenberg for 52 years. They have two sons: Marc S Langenberg, San Rafael, CA and wife Jennifer, Dr. Bret J Langenberg, San Diego, CA and wife Alexandra with grandchildren Carson and Parker. Steve enjoys golf, gardening, volunterring and being with family and friends

ANOTHER SUMMER OUTING TO ENJOY

Chapter members who stay for the summer can look forward to another interesting Green Valley MOAA outing. Last year we enjoyed a VIP tour of the Aircraft Maintenance and Regeneration Group



("Bone Yard"). This year's trip promises to be equally interesting-and it will be indoors. On Thursday, July 23 we will have a private tour of the Pima County Emergency Communications and Operations Center (PECOC) in Tucson. What's there of interest to us?

- •The 9-1-1 call center.
- Dispatch operations of the Pima County Sheriff's Department and local fire districts, including Green Valley.
- Pima County Office of Emergency Management and Homeland Security Emergency Operations Center.
- Backup dispatch facilities for the City of Tucson Police and Fire Department.

The 63,000-square-foot facility contains the most state-of-the-art technology and security features including radio communications equipment and telecommunications infrastructure. PECOC also includes high security fencing, a controlled access system, seismic bracing to prevent earthquake damage, and a number of redundant features and backup generators so that the facility never loses power.

Reservations for the tour will be required so look for more information as summer approaches.

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Military Officers Association of Green Valley P.O. Box 769 Green Valley, AZ 85622

Green Valley Chapter Dinner

<u>Date:</u> Wednesday May 20th, 2015 Social/Registration 5:15 PM (No Host Bar) Dinner 6 PM

Location: Quail Creek Madera Clubhouse, 2055 E Quail Crossing Blvd, Green Valley, AZ 85614 (Stop at the Guard Gate and tell them you are attending the MOAA Meeting at the Clubhouse).

Program: JROTC Awards Dinner, Musical entertainment by the "Classix minus two (seems some snowbirds will have left by now).

<u>Dinner</u>: Meal Choices 1) Sliced Sirloin Steak with mushroom Demiglaze 2. Chicken Marsala 3. Salmon /Beurre Blanc <u>SEE DINNER RESERVATION FORM BELOW</u>

<u>Price:</u> \$25/pp Make Checks Payable to GV MOAA . Please have your registration form completed with meal choice and guests and returned to GV MOAA, PO Box 769, Green Valley, AZ 85622-0769 <u>NLT May 15th 2015.</u>

This Green Valley Chapter Dinner will also be the Host for the Arizona Council of Chapters out of town guests.

cut here			
May Meeting Wednesday May 20th Quail Creek Madera Clubhouse Social Hour 5:15 (no host bar) - Dinner 6:00			
Please reserveplaces for me for DINNER. I am sending a check in the amount of \$ (\$25.00 per meal), payable to MOA of Green Valley, P.O. Box 769, Green Valley, AZ 85622-0769.			
This request must be mailed to arrive no later than May 15, 2015			
I am bringing a guest whose name(s) is/are: Check Number			
Rank and Name (please print):			
Check meal selection and indicate number of each meal: 1Sliced Sirloin Steak/ Mushroom Demiglaze 2Chicken Marsala3Salmon/ Beuree Blanc NOTE: If you cannot get your reservation and check mailed timely, please call Barbara Brown a			
625-8066 to make your reservation. Please bring a check or exact cash amount to the meeting. If you require a ride to the Luncheon, please check here			



Pictures from the **April Meeting**





MAY MEETING ENTERTAINMENT

Let us entertain you

Six vocalists perform: Close harmonies Rhythmic varieties A cappella



"...some of the most talented and gifted singers I've yet to encounter in the Green Valley area. They are delight-Green Valley News

"...voices blend, harmonize, and flow, creating a sound like no other - rich, melodic, and just a joy to hear." Green Valley News

CLASSIX

Contact Ruth O'Brien 520-398-6405 Eloise Fredrickson 520-648-7317

or email Ruth at rcdjob@yahoo.com

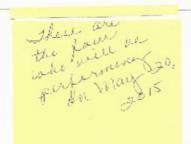
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FREDRICKSON D'ERICH

" CLASSIX minus 2 "



Personal Affairs

Later this year, MOAA will launch a new publication titled *The Survivor's Guide*. The purpose of *The Survivor's Guide* is to assist surviving spouses as they accomplish the actions needed following a loved one's death. It will be available in print and as a download from the MOAA website at http://www.moaa.org/

The guide was developed by the six surviving spouses who comprise the Auxiliary Member Advisory Committee (AMAC) at National MOAA. During the past year, the AMAC brainstormed on helping others when they experience a loss. The committee decided that a guide with a list of needed actions and phone numbers and a place to record dates, points of contact, and pending actions would fill the gap they had experienced.

The Survivor's Guide is similar to a worksheet. It includes a place to record burial or cremation arrangements, such as the name of a funeral home and a cemetery. There is a place to list names and phone numbers of attorneys, certified public accountants, insurance agencies, and other service providers. The guide includes phone numbers for agencies such as the Defense Finance and Accounting Service, the Social Security Administration, the Defense Enrollment Eligibility Reporting System, and others.

As AMAC members developed the guide, they realized it would help if both spouses worked together to fill in the guide before it would be needed. One AMAC member said the most helpful advice she received from other widows was to keep a notebook to record phone calls. She learned that some agencies do not respond as promised and that a written record was valuable.

AMAC members emphasize the importance of telling family members or a friend about *The Survivor's Guide*, where it is located, and what it contains. AMAC members also stressed that the Guide is not intended to replace other methods of record keeping. However, the guide is different because it includes information on both military and civilian agencies.

AMAC members suggest that following the guide might prompt spouses and retirees to review their personal files. To do this, spouses should obtain the MOAA *Personal Affairs Action Guide*. For information about MOAA publications, go to www.moaa.org/infoexchange or call MOAA at (800) 234-MOAA (6622). While this guide is in development, MOAA members can refer to the shorter *Survivor's Checklist*.

I hope to have this new Survivor's Guide for distribution to Chapter Members later in the year.

Steven Abel Personal Affairs, Director

MEMBERSHIP APPLICATION



Military Officers Association of Green Valley P.O. Box 769 Green Valley, AZ 85622-0769

Name:			
Last	First	MI	
Mailing Address: Street or P.O. Box			
City	State	Zip	
Date of Birth:	(M/D/Yr)	Phone #:	
E-Mail		MOAA #	
Type of Members	hip desired (check one)	
Regular:(\$20 annual dues)	Auxiliary:(Spouse of active meml	ber or surviving spouse \$10 annual dues)	
Regular members, pl	ease complete below		
Rank:	Spouse's First	Name:	
Branch of Service	1.		
Check one: USA	_USMCUSNUSA	AFUSCGUSPHSNOAA	
Status (check one):	Retired Active Duty_	Reserve/Guard Former officer	
All Members, please	check all that apply:		
I am interested	in receiving the Chapter mo	onthly newsletter by e-mail	
I am not a Natio	onal MOAA member, but I	desire to become a National member	
I desire to becor	ne active in chapter affairs	(Board member, Committee chair, Volunteer, etc.)	
Please mail check above address	made out to MILITAI	RY OFFICERS ASSOCIATION OF GREEN VALLEY to the	

2015 SCHEDULE

Saturday January 17, Massing of the Colors, Sahuarita High School Auditorium **Sunday, January 18,** Meeting, Quail Creek, Speaker TBD (Ron Barber Invited).

Sunday, February 15, Meeting, Quail Creek, Speaker TBD, Soldier' Best Friend – pairing of a Vet and a Shelter Dog.

Sunday, March 15, Meeting, Quail Creek, Speaker Bruce De Wald, Pima Air & Space Museum, US Aviation in Antarctica.

Sunday, April 19, Meeting, Quail Creek, Speaker Bill Mc Creary, CASA Community Services, overview of resources it provides to the community.

April, Nogales High JrROTC awards. (TBD)

Wednesday, April 29, Sahuarita High JrROTC awards. Dinner 1700, Awards 1800.

May, Rio Rico High JrROTC awards. (TBD)

Wednesday, May 20, 5 PM Quail Creek Clubhouse JROTC Scholarship Awards and entertainment by the Classix.

Thursday, May 21, 9 AM, AZ Council of Chapters meeting, The Grill on the Green, Green Valley Chapter hosting.

Monday, May 25, Memorial Day wreath laying.

JUNE - JULY - AUGUST no meetings - Summer Outing - July 23rd Sunday, June 14, Flag Day celebration at Elks.

Saturday July 4, Various celebrations.

July, Summer Outing, (TBD)

Friday, September 11, Various celebrations.

Sunday, September 20, Quail Creek, Lt Col Myron Donald, "Tales from the Hanoi Hilton"

October Thursday, October 15, Annual Inspection and Pass in Review, Sahuarita High Football Stadium.

Sunday, October 18, Quail Creek, (TBD).

Wednesday - Saturday, October 28-31 National MOAA

Convention, Orlando, FL.

October (TBD) White Elephant Parade.

Wednesday, November 11, Veterans Day wreath laying.

Friday, November 13 Arizona Council of Chapters Meeting, Phoenix.

Sunday, November 15, Annual Business Meeting, elections, Quail Creek, Speaker (TBD)

Thursday, December 3, Sahuarita High School Pearl Harbor Day observance. **Thursday, December 10**, Christmas Dinner, Quail Creek Clubhouse, Social 5:30, Dinner 6:00 Raffle prizes and installations of Officers for 2016.



\$100 Drawing

Remember that \$100 bill we've been trying to give away at our meetings? To win it you must be present.

Bob will have a crisp new\$100 to give away at the November 16th meeting. Only those who are at the meeting will have chance to



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mike@busybeegv.com

MAY BIRTHDAYS

HADDY BIRTHDAY

Col James Anderson - Lt Col Robert Atwater - CAPT Merilys Brown - Col Stephen Langenberg - 1LT Richard Newman -CPT Donald Severe

