



Military Officers Association of America Desert Duster

34 YEARS

JANUARY 2015 • [www.greenvalleymoaa.org](http://www.greenvalleymoaa.org) • Green Valley Chapter, an affiliate of MOAA



## **President's Message**

I write this message at the end of 2014 and reflect on the past year and especially our December meeting, it was a great way to end the year with good friends, good food and good news. Let me begin with what I call the “dazzling dozen plus two”. These were the events that recognized our members. Starting with our members; Steve Abel was inducted into the Arizona Veterans Hall of Fame. Only the most worthy can claim that honor. When Steve’s term expired at the Council of Chapters, it was necessary to replace him with three people. This does not count the outstanding work he does for our chapter.

At the December meeting it was an honor to present the ‘Chapter Person of the Year’ award to Betty Atwater. The award recognized her dedication to chapter activities, serving both as an officer of the chapter and a dedicated and tireless worker in making the baby shower a success.

Special recognition was afforded to Barbara Brown for her eleven year history of outstanding service as Auxiliary Liaison. Barbara has done an excellent job in that post and she will continue serving on the board to provide her expertise to our newest Auxiliary Liaison board member.

Recognize those who have stepped up to serve on the Board of Directors for another year and the two newest members of the board; LTC Thelma Hendricks USA Ret as Auxiliary Liaison. And Joe Longo, former 1LT USA who will serve as Board Secretary. Welcome aboard and thank you for stepping forward. [And now for a brief commercial message]. We still have several slots to fill, namely a public relations person and an assistant Personal Affairs Officer. Let’s face it, Steve Abel is carrying several big jobs at both the chapter and council level. Plus we could also use a JROTC Coordinator.

Turning next to one of the most widely recognized activities of the chapter was the highly successful Baby Shower held in March. It was so successful that Barbara Gavre, representing the 162<sup>nd</sup> Fighter Wing presented the Auxiliary with an award of recognition. In addition, the chapter was presented an award for its overall support of the 162<sup>nd</sup>. On the funding front, the chapter was awarded a \$5,000 grant from the Armed Services Mutual Benefit Society STAR Foundation. The first allocation went to support the “Turkeys for Troops” effort. Successful? Just ask the thirty families of the 162<sup>nd</sup> who were recipients of the turkeys and commissary gift cards.

A portion of the ASMBF grant went to the three JROTC units in our area with awards of \$500 to each unit. In the area of JROTC scholarships, it appears the Chapter will be offering three scholarships in 2015. All three may be funded by private sources.

A portion of the grant will fund a substantial contribution to the 162<sup>nd</sup> non-perishable food pantry. That presentation will take place in January. Recognize the contribution of the “Knitwits” as they turn out lap blankets, baby blankets for the VA Hospital and scarves for Operation Gratitude. None of these activities can be done without the dedicated efforts of our members.

Then there is the Chapter itself. All one has to do is look at the chapter flag and count the eight five star banners adorning the flag. The five star banners symbolize the highest Level of Excellence award conveyed by MOAA. Let me also comment that all nine chapters plus the Council of Chapters in Arizona received five star awards for the second consecutive year. No other state can match that record.

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## **2015 OFFICERS, DIRECTORS & CHAIRS**

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### **PAST PRESIDENT & HISTORIAN:**

COL Lynda Linker, USA (Ret)

Continued from page 1

The Chapter also received a \$1,500 grant from the Arizona Department of Veterans Affairs. This grant will be used to support the “Stand Down” for homeless veterans undertaken by Tucson Veterans Serving Veterans. This event will take place in January.

Add to the list the Chapters’ sponsorship of Colonel Pell on the Honor Flight as well as our participation in the “all chapters” efforts in developing position descriptions for board members.

In the final analysis, it is the membership and those outside organizations who recognize the chapter that really make the difference. How; let me count the ways. Taking advantage of Arizona tax law, JROTC units will receive over \$2,500 from individual members. Let’s not forget the Lady Putters of Quail Creek or the Quail Creek Veterans Golf Association or Rosemont Copper or FICO. All the forenamed organizations supported our efforts by providing funds to support scholarships and military family assistance

A great year for the chapter, but we cannot sit on our laurels; 2015 present’s new challenges including:

- i. Sponsoring another Honor Flight
- ii. Increasing membership in the chapter
- iii. Increasing outside funding for JROTC scholarships and Military Family Assistance programs
- iv. Working more closely with state legislators to gain support in making Arizona a more “military retiree friendly” state.

Keep up the great work, AZ(03).

Dick Newman, Chapter President

## ***HudBay Minerals to fund JROTC Scholarship***

*It is my pleasure to inform you that our Corporate Contributions Committee has agreed to fund your event/organization for \$1000.00.*

This was the message I received from Mr. Dan Ryan of the Corporate Contributions Committee of HudBay Minerals Inc. This money will be used to fund a JROTC scholarship to be presented on May 20, 2015 with the recipient designated as HudBay Minerals Scholar – 2015. The board members of the Scholarship & Military Family Assistance Fund appreciate the support shown by the newest member of the business community and look forward to having a representative present the award at the dinner meeting in May.



# CHRISTMAS PARTY PHOTOS



# GET TO KNOW YOUR MEMBERS

## LTC Thelma S. Hendricks, USA (Ret.)

The quotation, “man’s frustrations become his aspirations” could be a descriptive rationale for the “programming” of my life as a young adult. I was born (1939) and raised in rural northeast Louisiana near the village of Crowville, the middle daughter of sharecroppers. We raised cotton. My dad was always looking for a more productive piece of farmland, so we moved a lot. Over the years we lived in six different “tenant” houses, none with indoor plumbing.

Both of my parents had a very strong work ethic. Dad’s words, “if you are going to do something, do it right or not at all”. He, with the help of his little “hoe hands” i.e. daughters, always had the cleanest cotton field in the parish, not a weed anywhere. My mother functioned like a well-oiled machine. She never stopped. In addition to working in the fields, she always had three delicious “square” meals on the table every day. She was the best gardener in the parish, canning food all summer for winter meals.

It was my mother who taught me to dream---“where there is a will, there is a way”---“you can do anything you want to do if you set your mind to it”. At a very young age, she indoctrinated me with the importance of being self-sufficient—“never depend upon someone else to take care of you, take care of yourself”. I knew that I wanted to be a “career woman” with my own purse. In those days, the ticket out mind” to somehow go to High School as valedictorian persistence, my mother college. Dad’s best cotton By the time I finished my had decided that I wanted to accepted into a dietetic Hospital in St. Louis.



of poverty was education. I “set my college. I graduated from Crowville of my class. And with a lot of found “the way” for me to go to picker was on her way.

B.S. degree in Home Economics, I be a clinical dietitian. I was internship program at Barnes

During the internship, I developed

an interest in nutrition research and knew that I would need a M.S. in Nutrition to pursue that goal. I found an outstanding program offered by the US Army. I would be able to complete my degree at the school of my choice and receive a salary while in school. Upon completion of the degree, I would report to active duty. Sounded like a good idea to me! I was commissioned into the Army Medical Specialist Corps in 1963 and went directly to graduate school. After receiving my M.S. in Human Nutrition from Virginia Tech, I was assigned as Research Dietitian, Metabolic Division, Walter Reed Army Institute of Research.

My next assignment (1965-67) was Chief, Research Dietitian at the US Army Medical Research and Nutrition Laboratory in Denver-- (Nut Lab for short). It comes as a surprise to most people when they learn that the US Army was very instrumental in establishing the “Recommended Dietary Allowances”—(% of daily value on your food labels). These studies were done during the time of the draft when conscientious objectors came on “duty” as “human guinea pigs” for research purposes. I cannot go into great detail here about the difficulties of doing such studies—only to say that they were very tedious and sometimes downright grueling for the research subjects. But I never once heard a complaint. I developed great respect for these young men. I still believe the contributions they made to medical and nutrition research is an “untold story”. With the end of the draft, the supply of “guinea pigs” vanished and the NUT Lab eventually closed.

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## GET TO KNOW YOUR MEMBERS

Following assignments at Tripler Army Medical Center in Honolulu and Letterman Hospital in San Francisco, I went back to graduate school for a Ph.D. in Human Nutrition at Virginia Tech. After receiving my degree in 1975 I spent the remainder of my career in the Washington D.C. area. I taught nutrition to nursing students at the Walter Reed Army Institute of Nursing. The program closed in 1978. I was a faculty member of the 1976 Charter class of the Uniformed Services University of the Health Sciences in Bethesda, Maryland and remained on staff until my retirement in 1983. This university provides such a wonderful opportunity for a young person with limited funds to obtain a M.D. degree. Not only do the students receive a free education, they receive a salary while in school. I also served as Clinical Dietetics Consultant to the Office of the Surgeon General from 1975-1983. In addition to writing manuals, I was responsible for providing educational programs for active duty and reserve components for the Medical Department.

About the time that I had 18 years in the military, I met a “real smooth talker” from Oklahoma, Larry Hendricks. Larry was a parasitologist, Army Medical Corps officer, assigned to the Dept. of Experimental Therapeutics at the Walter Reed Army Institute of Research (WRAIR). He, too, had received his Ph.D. while on active duty. We were married in 1981. For his final assignment, Larry was assigned to the WRAIR Research Unit in Nairobi, Kenya in January 1983. I retired in August of that year and joined him in Kenya.

Following Larry’s retirement in 1986, we relocated to Missoula, Montana, to build our “dream” log home overlooking the Clark Fork River. I taught nutrition for a year at the University of Montana to make money to buy a fishing boat. Larry recruited me for his full-time hunting and fishing partner. I kept my friends and relatives hilariously entertained or totally amazed with tales of our adventures. A few weeks prior to our tenth wedding anniversary, Larry had a sudden and severe abdominal episode. We thought he had appendicitis. The news from the doctor was not good. Larry was diagnosed with “end stage” colon cancer. He died about 2 years later at age 54.

Following Larry’s death I stayed in Montana for another seven years, working at a number of teaching and consulting jobs. One winter day after my second severe fall on the ice, I had a strong desire to move to a place where I could “die with the sun in my face”. So I sold out and moved to Green Valley. Shortly after arriving in Green Valley, I met Ken Robinson, a retired mechanical engineer from Denver. He lives around the corner from me---Ken is my best friend and soul mate. I continue with my avid gardening and have added abstract art to my agenda. Since retirement, I sure miss having “days off”!

During my career, I received numerous professional and academic commendations and awards. The two that mean the most to me, professionally, are the “A” prefix (highest proficiency designator awarded in the Armed Forces) and the Legion of Merit. But the most treasured “recognition” award came in my college years while I was sitting in a bus station in a little town near where my mother had grown up. A stranger approached me and asked, “are you the daughter of Laura Metscher? You look exactly like her.” I replied, “Yes, I am.”

**HAVE A HAPPY - HEALTHY AND  
PROSPEROUS NEW YEAR**

## SPECIAL THANK YOU FROM THE 162<sup>ND</sup> ARIZONA AIR NATIONAL GUARD

In March 2014, ladies of the Green Valley Chapter held their 4<sup>th</sup> annual baby shower for new and expectant mothers of the 162<sup>nd</sup> Arizona Air National Guard. The annual event is organized by our Auxiliary members with the help of some of our regular lady members. Oh, and yes, Chaplain Eugene Friesen attends the event, so we do have male participation.

The event is always a great success. This year, Barbara Gavre, 162<sup>nd</sup> Family Readiness Program Manager, came to the November 16<sup>th</sup> chapter meeting with her daughter, Sophie a member of the 162<sup>nd</sup>, to express their thanks. Barbara and Sophie presented the ladies an attractive eagle and flag statuette and a poster with photos from the March baby shower.



### JANUARY Meeting Sunday January 18<sup>th</sup> - Quail Creek Social hour 12:00 - LUNCHEON 12:30

Please reserve \_\_\_\_ places for me for LUNCH. I am sending a check in the amount of \$ \_\_\_\_  
(\$22.00 per meal), payable to MOA of Green Valley, P.O. Box 769, Green Valley, AZ 85622-0769.

**This request must must be mailed to arrive no later than January 13, 2015**

I am bringing a guest whose name(s) is/are: \_\_\_\_\_ Check Number \_\_\_\_\_

Rank and Name (please print): \_\_\_\_\_

Check meal selection and indicate number of each meal: Mixed Green Salad w/ accompaniments  
Chicken w/ Penne Pasta & Roasted Medley of Vegetables \_\_\_\_\_ or Salmon w/ Caper Crème Sauce,  
Rice Pilaf & Sauteed Squash \_\_\_\_\_ Dessert Cookie Skillet w/ Vanilla Bean Ice Cream & Chocolate  
Sauce.

**NOTE: If you cannot get your reservation and check mailed timely, please call Barbara Brown at 625- 8066 to make your reservation. Please bring a check or exact cash amount to the meeting.**

If you require a ride to the Luncheon, please check here \_\_\_\_\_





**Green Valley Military Officers Association  
P. O. Box 769  
Green Valley, Arizona 85622-0769**

November 18<sup>th</sup>, 2014

Chief Katie Sayre  
Community Services Division Chief/PIO  
Green Valley Fire District  
1285 W. Camino Encanto  
Green Valley, AZ 85622-8222

Dear Chief Sayre:

In addition to the toys donated on Sunday the 16<sup>th</sup>, the members of Green Valley MOAA also donated the enclosed \$245.00 in cash and checks for the GVFFA's Toys for Tots drive.

We hope the event is a great success and we look forward to supporting it again next year.

Sincerely yours,  
*John McGee*  
President, GVMOA



## 2015 Chapter Dues Renewal

**Here is a form to submit your Green Valley MOAA chapter dues for 2015. Please detach the statement and return it with your check to the address shown on the form. Please verify your address and make any changes required including your ZIP code and please provide your e-mail address so you can receive notices of meeting changes and updates.**

If you are able to do so, you may also send a tax-deductible contribution to the **Green Valley MOAA Scholarship and Military Assistance Fund**. Your contribution to the Fund will provide scholarships to outstanding JROTC cadets from Sahuarita, Rio Rico and Nogales High Schools who will be attending college. The Fund also provides assistance to service personnel, veterans and their families who are in need and distress.

*If you desire to contribute to the Fund please send a separate check made out to the Green Valley MOAA Scholarship and Military Assistance Fund and return it with your dues check to the address listed. Thank you. (Contributions to the Fund are tax deductible for state and federal tax purposes.)*



Military Officers Association of Green Valley  
P.O. Box 769  
Green Valley, AZ 85622-0769

### 2015 Chapter Dues Renewal

**Dues for 2015:** (Regular-\$20; Auxiliary-\$10)

2015 Membership Dues \$ \_\_\_\_\_

Make check payable to: **Military Officers Association of Green Valley or GV MOAA.**

Scholarship & Military Assistance Fund \$ \_\_\_\_\_ Donation.

Make check payable to: **Green Valley MOAA Scholarship and Military Assistance Fund or GV MOAA Scholarship or GV MOAA Military Assistance.**

TO INSURE PROPER CREDIT, PROVIDE THE INFORMATION BELOW: Please Print

Name: \_\_\_\_\_ Rank: \_\_\_\_\_ Branch of Service: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Renew your CHAPTER MEMBERSHIP**





MILITARY OFFICERS ASSOCIATION OF GREEN VALLEY  
P.O. BOX 769  
GREEN VALLEY, AZ 85622-0769

## MEMBERSHIP APPLICATION FOR CALENDAR YEAR 2015

Annual Dues: Regular - \$20, Auxiliary \$10 (give to a friend)

(please print)

Name \_\_\_\_\_  
Last First Middle

Mailing Address \_\_\_\_\_  
Street or P.O. Box

\_\_\_\_\_  
City, State and Zip Code

Rank \_\_\_\_\_ Branch of Service \_\_\_\_\_

Status ( check one) \_\_\_Retired \_\_\_Former\_\_\_ Reservist\_\_\_ Active\_\_\_ Auxiliary\_\_\_

Check Number \_\_\_\_\_

Date of Birth \_\_\_\_\_ Phone Number \_\_\_\_\_

Email \_\_\_\_\_

MOAA national Member Number \_\_\_\_\_

Recruiter \_\_\_\_\_

**Please Check** \_\_\_\_\_ I am interested in receiving the newsletter by e-mail instead of a mailed  
**all that apply** \_\_\_\_\_ hard copy.

\_\_\_\_\_ I cannot attend meetings due to health, but wish to be a member.

\_\_\_\_\_ I would like to become active in chapter affairs (Board Member, Committee Chair,  
Volunteer etc.)

\_\_\_\_\_ I wish to contribute, by separate check, to the Chapter's Scholarship & Military  
Assistance Fund. Check payable to Green Valley MOAA Scholarship & Military Assistance  
Fund.

Please make Membership Check out to MOA of Green Valley. Send correspondence to the above address.

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92% based on 2014 member communications trend survey.

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## **2015 SCHEDULE**

**Saturday January 17**, Massing of the Colors, Sahuarita High School Auditorium  
**Sunday, January 18**, Meeting, Quail Creek, Speaker TBD (Ron Barber Invited).

**Sunday, February 15**, Meeting, Quail Creek, Speaker TBD, Soldier' Best Friend – pairing of a Vet and a Shelter Dog.

**Sunday, March 15**, Meeting, Quail Creek, Speaker Bruce De Wald, Pima Air & Space Museum, US Aviation in Antarctica

**Sunday, April 19**, Meeting, Quail Creek, Speaker Bill Mc Creary, CASA Community Services, overview of resources it provides to the community.

**April**, Nogales High JrROTC awards. (TBD)

**Wednesday, April 29**, Sahuarita High JrROTC awards. Dinner 1700, Awards 1800

**May**, Rio Rico High JrROTC awards. (TBD)

- Quail Creek JROTC Scholarship Award presentation. 5:30 Social, 6:00 Dinner

**Thursday, May 21**, AZ Council of Chapters meeting,

**Monday, May 25**, Memorial Day wreath laying.

**JUNE – JULY – AUGUST no meetings - Summer outing to be scheduled**  
**Sunday, June 14**, Flag Day celebration at Elks.

**Saturday July 4**, Various celebrations.

**July**, Summer Outing, ( T B D )

**Friday, September 11**, Various celebrations.

**Sunday, September 20**, Meeting, Quail Creek, Speaker (TBD)

**October** (TBD) AZ Council of Chapters meeting, Grand Canyon Chapter, Prescott

**Thursday, October 15**, Annual Inspection and Pass in Review, Sahuarita High Football Stadium.

**Sunday, October 18**, Quail Creek, Kelly Laurich, Recreation Therapist ,SWBRC , “The impact recreation has on Veteran’s lives

**Wednesday - Saturday, October 28-31** National MOAA

Convention, Orlando, FL

**October** (TBD) White Elephant Parade.

**Wednesday, November 11**, Veterans Day wreath laying.

**Friday, November 13** Arizona Council of chapters Meeting, Phoenix.

**Sunday, November 15**, Annual Business Meeting, elections, Quail Creek, no speaker scheduled.

**Thursday, December 3**, Sahuarita High School Pearl Harbor Day observance.

**Thursday, December 10?**, Venue and Time TBD, Christmas dinner/drawing and installations of Officers for 2016.



Military Officers Association  
Of Green Valley  
P. O. Box 769  
Green Valley, AZ 85622-0769



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# **JANUARY BIRTHDAYS**

## **HAPPY BIRTHDAY**

**MAJ William Bracco Jr - Patsy Johnston - CPT William Maratos -  
CPT Robert Marben - Lt Col John McGee - Maj Larry Nielsen  
LCDR Jon Ruse**